

BLESS: Listen with Compassion  
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Begin with prayer - Listen with compassion - Eat  
together -Serve others -Share your story

3 Levels of Listening

1. Listening to \_\_\_\_\_
2. Listening to \_\_\_\_\_
3. Listening to \_\_\_\_\_

How to BLESS others through listening:

1. Slow \_\_\_\_\_
2. Be \_\_\_\_\_
3. Be \_\_\_\_\_
4. Suspend \_\_\_\_\_
5. Respond \_\_\_\_\_